

## ELECTROLYSIS INFORMED CONSENT

### The Procedure & You

The concept of using electric current for hair removal has been available since the late 1800's, and has been improving ever since. Electrolysis treatments are a form of electrical epilation where a single-use, disposable wire filament is inserted into the hair follicle (a natural opening in the skin) and a minimal amount of current is delivered to the root of follicle to destroy it through a variety of modalities. All modalities will affect only the active hair follicle, making this a direct route to target unwanted hair.

It is imperative that we treat hairs in the correct cycle. The desired stage is when hairs are first growing.

*Galvanic Electrolysis* - Galvanic electrolysis is the oldest type for of this hair removal. The direct current used is extremely effective but very slow. It creates a chemical change in the follicle to disable the root.

*Thermolysis* – Thermolysis uses shortwave radio frequency or AC current. Thermolysis causes the water molecules by your hair to rapidly vibrate, which produces heat. When enough heat is created, thermolysis damages the cells that cause hair growth.

*Blend Electrolysis* – This method combines both galvanic and thermolysis into one process. The heat from thermolysis heats up the chemical created in galvanic and speeds up the process. This is a wonderful modality that is used only by highly trained electrologists.

### Before Your Treatment

- If you are going to be treating sun-exposed areas, apply sunblock (at least SPF 50) each morning for one month before treatment.
- Refrain from bleaching, plucking, threading, electrolysis or waxing of hairs in desired treatment area for six weeks when at all possible. It's fine to cut, shave or trim the area.
- If you have a history of herpes or cold sores, you may need antiviral medication. This medication should be started one day before laser treatment and continued for one week after treatment.
- The area for treatment needs to have the hair showing to a short stubble or longer.
- Arrive with the treatment area clean and free of makeup (if treating the face) if possible.

(Initial) \_\_\_\_\_

### Post-Treatment Care

- Treat the area gently by keeping the skin moist with Aquaphor Healing Ointment for a few days. Your skin heals from the bottom up so this assists with healing.
- Cleanse the area with a mild antiseptic such as 70% isopropyl alcohol, witch hazel, or sea breeze and avoid using soaps or abrasive material when you are 24 hours post-treatment.
- Do not pick, rub or scratch the area. Do not use any irritating substances on the treated area until the skin returns to normal.
- If the treated area will be exposed to sun, apply SPF 50 or greater after the skin returns to normal.
- If your face was treated, you may resume using clean makeup when the skin looks and feels back to normal.
- As part of your electrolysis appointment we do a very thorough aftercare procedure.
- You may follow your usually cleaning or makeup routine. If there are any issues, please call us.
- Please use the frozen pack that we give you as part of the after care treatment as you leave our office.

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## What To Expect

Our hair is constantly changing from a number of factors that make us who we are, it's in our DNA. It is this diversity that makes proper hair removal through electrolysis a process. As our body reacts to different situations such as hormones, medications, weight and even our genes, our hair growth pattern changes and may activate dormant hair follicles.

The complex nature of hair growth controls the number of sessions required to reach your personal preference of hair removal. Generally, electrolysis results are noticeable within 3 months and can take 12 -18 months for completion. We offer sessions from 5 minutes to several hours and will recommend a schedule fit for you so we can treat the follicle right when it emerges and at its optimal time for reaction. Cary Hair Removal Center's goal is to see this process through to ensure complete satisfaction.

Each individual has a different tolerance level, and that is taken into consideration by the electrolytist. Modern electrolysis methods can be described as causing a tingling or warming sensation, but is considered to be comfortably tolerable. Topical desensitizing creams can be applied to help ease the sensation. After your treatment, it is common to experience redness or swelling, both of which are usually short lived. These are both natural reactions from the stimulus applied the follicle and can be eased with the use of an ice pack and witch hazel. In order to prevent any additional reaction, it is critical that you inform us of any medical conditions, medications, supplements, lotions and oils.

## Acknowledgement

\_\_\_\_ I understand that the treatment is not guaranteed due to risks of complications, both known and unknown to the technician and myself.

\_\_\_\_ I understand that the results are reliant on the accuracy of information I have provided Cary Hair Removal Center regarding my medical history and my adherence to proper before and after care.

\_\_\_\_ I understand that possible side effects may include, but are not limited to:

- Inflammation of the hair follicle
- Edema (swelling)
- Purpura (bruising)
- Redness directly after treatment

\_\_\_\_ I understand that the frequency and longevity of treatments is determined solely by my body's natural hair growth and therefore not predetermined.

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I acknowledge that I **read, understand** and **accept** the terms above in regards to electrolysis hair removal treatment. I hereby consent to and authorize Cary Hair Removal Center to perform electrolysis hair removal treatments and related before and after treatment services on me.

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Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Printed Name