

LASER INFORMED CONSENT

The Procedure & You

The modern technology of the Award Winning Candela GentleLASE Plus Alexandrite laser allows us to dramatically reduce excessive dark hair from anywhere on the face and body quickly. When the laser emits light, it is absorbed by the melanin along the hair follicle and the hair shaft. The laser pulses just long enough to destroy the pigment, that's less than a second, disabling multiple hair follicles in a single application. This leads to either the elimination of that hair or significant obstruction of the hair's growth. Because the laser is only emitted for a fraction of a second, it is able to affect the melanin before damaging the surrounding skin, which is protected by Candela's patented cooling technology.

Before Your Treatment

- Avoid the sun, tanning booths, tanning lotion and spray tans for 6 weeks before treatment, longer if necessary to be completely tan free. If you are going to be treating sun-exposed areas, apply sunblock (at least SPF 50) each morning for one month before treatment.
- Refrain from bleaching, plucking, threading, electrolysis or waxing of hairs in desired treatment area for six weeks when at all possible. You may cut, shave or trim the hair.
- If you have a history of herpes or cold sores, you may need antiviral medication. This medication should be started one day before laser treatment and continued for one week after treatment.
- Carefully shave the treatment area at a time before your appointment.
- Arrive with the treatment area clean and free of makeup (if treating the face) if possible.

(Initial) _____

Post-Treatment Care

- There may be redness or swelling around the treated area that can last from a few hours to a couple of days. The skin will be sensitive and feel similar to a razor burn. Treat the area gently by keeping the skin moist with Aquaphor Healing Ointment.
- Cleanse the area with a mild cleanser and avoid using soaps or abrasive material when you are 24 hours post-treatment.
- Do not pick, rub or scratch the area. Do not use any irritating substances on the treated area until the skin returns to normal.
- If the treated area will be exposed to sun, apply SPF 50 or greater after the skin returns to normal.
- If your face was treated, you may resume using makeup when the skin looks and feels back to normal.
- Treated hairs will exfoliate or push out in approximately 2 to 3 weeks (sometimes sooner) and may appear darker and thicker before falling out.
- Discomfort such as swelling or redness can be relieved by an ice pack.
- Do not shave, swim or exercise strenuously for a minimum of 3 days.

(Initial) _____

What To Expect

Our hair is constantly changing from a number of factors that make us who we are, it's in our DNA. It is this diversity that makes proper hair removal through electrolysis a process. As our body reacts to different situations such as hormones, medications, weight and even our genes, our hair growth pattern changes and may activate dormant hair follicles.

The complex nature of hair growth controls the number of sessions required to reach your personal preference of hair removal. Generally, each session can result in a 10% – 25% reduction in hair growth. We recommend a monthly or bi-monthly schedule depending on your body's reaction for a length of 12 months. Each treatment can also result in lighter, finer hair as you work with us for complete and permanent results. Cary Hair Removal Center's goal is to see this process through to ensure complete satisfaction.

Each individual has a different tolerance level, and that is taken into account at CHRC. Laser hair removal can be described as causing a sunburn like sensation, very few clients need this because of the comfort of our laser. Topical desensitizing creams can be applied to help ease the sensation. These are all natural reactions from the stimulus applied to the skin and can be eased with the use of an ice pack and over-the-counter pain relievers. In order to prevent any additional reaction, it is critical that you inform us of any medical conditions, medications, supplements, lotions and oils.

Acknowledgement

____ I understand that the treatment is not guaranteed due to risks of complications, both known and unknown to the technician and myself.

____ I understand that the results are reliant on the accuracy of information I have provided Cary Hair Removal Center regarding my medical history and my adherence to proper before and after care.

____ I understand that possible side effects may include, but are not limited to:

- Discomfort during the procedure
- Edema (swelling)
- Purpura (bruising)
- Redness directly after treatment
- Change in pigmentation (increased, decreased, change in freckles)
- Wound healing (crusting, flaking and possible infection and scarring if aggravated)

____ I understand that the frequency and longevity of treatments is determined solely by my body's natural hair growth and therefore not predetermined.

I acknowledge that I **read, understand** and **accept** the terms above in regards to laser hair removal treatment. I hereby consent to and authorize Cary Hair Removal Center to perform laser hair removal treatments and related before and after treatment services on me.

Client Signature

Date

Client Printed Name